

# I want to be a part of the BT Social Action Team!

Contact me regarding:

- Latin American Outreach Program
- Young Family Community Outreach Program
- Operation Mitzvah
- Gemilut Chasadim
- Maot Chitim
- Bikur Cholim
- I have a great project I want to lead!

\_\_\_\_\_  
Name

\_\_\_\_\_  
Phone

\_\_\_\_\_  
E Mail

To Participate:

Mail or drop this form off at B'nai Tikvah.

Contact Sherrie Weiss for more info:

seweiss48@att.net 847.948.6377



**Thank you for helping to make the mitzvot of *Tikkun Olam*  
and *Gemilut Chasadim* a part of the fabric that creates the  
“Big Tent” of Congregation B’nai Tikvah!**



CONGREGATION B'NAI TIKVAH

# Social Action

*Mitzvah Is Not a Day*



*It's a Way of Life*

If I am not for myself, who will be for me?

If I am not for others, what am I?

And if not now, when?

--Rabbi Hillel

## What a Day for Mitzvot!!! Sunday, October 18

- ☆ **9:00 am Cooking in the Kitchen**  
Join us in the kitchen to cook a delicious lasagna dinner to be delivered to the PADS Shelter in Waukegan
- ☆ **9:00 am– 1:00 pm Flu Shots**  
Before you can do mitzvot for others, you need to take care of yourself. Walgreens will be at BT administering Flu shots.  
*Contact the synagogue office for more details.*
- ☆ **10:45 am Young Family Community Outreach Program Kick Off Project**

*Do you have a young family?  
Looking for an age appropriate community service project?*

Come to BT or stay after Sunday School to build snack bags filled with nutritious goodies to be distributed to the clients of the Ark in Chicago.

### ☆ OPERATION MITZVAH ☆

***WARNING! THIS IS NOT A DAY FOR JUST KIDS***

**Sunday, April 18, 2010**

Let's celebrate another year of performing mitzvot with a day filled with more mitzvot!

Choose from a long list of volunteer opportunities, activities and projects

designed for **all ages** to participate in, either at Bnai Tikvah or off site at locations throughout the community.

Help us make this an extraordinary B'nai Tikvah event.

*Volunteer to be on the*

**Operation Mitzvah Committee.**



### ☆ LATIN AMERICAN OUTREACH PROGRAM ☆

Join us as we work with North River School, a Chicago Public feeder school, in assisting their community with tutoring, mentoring, educational incentive programs, grants and professional services.

- ☆ Volunteer to tutor adults and/or children 1-2x monthly
- ☆ If you are a professional in the health, legal or social service area, volunteer to speak on issues relevant to the Spanish-speaking community
- ☆ Participate in fundraising efforts and collection activities to provide supplies for the school and fulfillment gifts for their incentive program

### ☆ BIKUR CHOLIM COMMITTEE ☆

Bikur Cholim - Hebrew for "visiting the sick" - is a term encompassing a wide range of activities performed by our committee to provide comfort and support to congregants who are ill, homebound, isolated and/or otherwise in distress. We provide meals, coffee and a visit, as well as many other forms of support.

### ☆ YOUNG FAMILY COMMUNITY OUTREACH PROGRAM ☆

We have designed this program specifically for young families. On November 8th, February 14th and April 18th (Mitzvah Day) you and your family can shop for and deliver a special bag of goodies to a family client of the Ark. It is a young family-friendly activity that will allow families of all ages to participate in the mitzvah of Gemilut Chasadim (Feeding the Hungry). There will also be opportunities on site at B'nai Tikvah throughout the year. Families with young children will meet to build snack bags filled with nutritious non-perishables that will be delivered to the Ark to be distributed to Ark clients.

### ☆ ONGOING PROJECTS ☆

**Gemilut Chasadim:** Prepare meals to be delivered to the homeless

**Maot Chitim:** Deliver food boxes to the elderly for the High Holidays and Pesach